

Part 3: OCCUPATIONAL SAFETY

3.1 UNIFORMS & PROTECTIVE CLOTHING:

- As you will be coming into contact with parents / carers, children and members of the public it is important that you present a professional image with regard to appearance and standards of dress. You will be provided with shirts bearing our logo and your own name (--- or describe uniform of choice ---)and you will be expected to wear these at all times whilst at work, and laundered on a regular basis. Other clothing such as skirts, trousers and shoes should be of sensible design and appropriate to your place of work. It is not recommended that jewelled rings be worn since these can cause damage and be damaged, and the Nursery does not accept any responsibility for repairs or replacements to such jewellery if lost, damaged or stolen while at work. Similarly, the wearing of unsuitable items such as loose bracelets, platform shoes and other “fashion” items is not permitted.
- Also, your duties at the Nursery may require you to wear protective clothing such as disposable aprons and gloves for nappy-changing tasks etc. Protective clothing and other equipment which may be issued for your protection because of the nature of your job must be worn and used at all appropriate times. Failure to do so could constitute a contravention of your Health & Safety responsibilities.



3.2 MANUAL HANDLING TASKS:

The Manual Handling Operations Regulations, 1992



A lot of accidents and injuries to Nursery staff arise through performing tasks that involve some degree of lifting, handling or moving. Unfortunately, it is a fact of life that almost every job will involve lifting or carrying to some extent, and it is important that correct techniques are used when undertaking what is known as “Manual Handling” tasks. These tasks are not restricted to simple lifting and handling, but can also involve sitting, stooping, bending, twisting and other ergonomic considerations.

- Examples of tasks undertaken in the Nursery that will involve some form of stress on the human frame:
 - lifting babies in and out of cots.
 - lifting toys down from shelves
 - lifting provisions in the kitchen.
 - using vacuum cleaners.
- We have a duty to prevent, or at least reduce as far as possible, injuries and disabilities caused to staff through improper manual handling, and have developed policies accordingly. You MUST observe these correct manual handling techniques as you go about your daily tasks. As always, if in doubt don't be afraid to consult your immediate manager or supervisor for advice and guidance.