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MEDICAL CARE - SELF-ADMINISTRATION OF INSULIN Version 4.0 Last Up-dated 01 November 2008 ©GMP Systems, Year 2008			

1. **CONSIDERATION:**

It is always preferable to maintain the service user's independence. Most insulin dependent service users are accustomed to self-administration of insulin. The choice of site depends on the safety and comfort of the service user.

2. **PROCEDURE PRINCIPLES:**

- 2.1 A service user has a right to information about treatment and knowledge to ensure correct administration. Evaluate the service user's knowledge of diabetes and the prescribed insulin(s), and, where appropriate, educate about the use and action of insulin.
- 2.2 Insulin in use and insulin syringes can be kept for ease of access by the service user. Insulin not in use should be stored in a fridge.
- 2.3 To ensure correct procedure is used, observe the service user draw up the insulin and administer the injection to ensure your confidence in the service user's competence to self-inject.
- 2.4 To ensure safe disposal of needles a sharps disposal bin should be provided for the service user's use.
- 2.5 Evaluate the service user's ability to self-administer insulin.